

Occupational Therapy Department
Warrior Transition Battalion
226 Central Hospital Road
Fort Gordon, GA 30905

3/30/2010

To Whom It May Concern,

I am part of a team of medical providers established by the Army Corps of Medicine to treat wounded Operation Iraqi Freedom/Operation Enduring Freedom (OIF / OEF) Soldiers with combat injuries. I have been an Occupational Therapist working with wounded soldiers for one year at Fort Gordon, but have been working with countless Soldiers with a vast array of combat injuries for the past 10 years out in the community. Many of our cases that we treat are patients suffering from TBI (Traumatic Brain Injuries) and/or PTS (post traumatic stress).

I have spoken extensively with the directors of Military Racquetball Federation (MRF) and have reviewed their program, which was created to teach racquetball & fitness throughout all branches to help with the rehabilitative process for wounded Soldiers. After examining the program, I am willing to allow our Soldiers with whom I work here at Fort Gordon to go through the instructional clinic to learn how to incorporate the skills of racquetball into their rehabilitative journey to become stronger, more agile, and mentally alert as well as reduce stress.

I understand the advantages of racquetball and believe that the sport could help wounded Soldiers enhance their:

1. Rapid decision making and strategic understanding.
2. Tactical decision making and logical evaluation.
3. Increase their fitness level to prepare them for transition back into their job, or into the community.

To date, we have had many wounded Soldiers show an interest in learning to play this sport. This interest, combined with my knowledge of the program, leads me to endorse MRF's rehabilitative program for use with my patients at Fort Gordon, GA.

Sincerely,



Judie Thompson, OTR
WTB, Fort Gordon, GA